



A SEVEN PART LEADERSHIP SERIES FOR PARENTS AND CAREGIVERS OF YOUNG CHILDREN

# SESSION #1 PARENT LEADERSHIP

*Participant Handout*

## **Session Goals**

- ✓ Define parent leadership.
- ✓ Reflect on how leadership relates to your current and future roles
- ✓ Identify strengths and challenges related to parent leadership
- ✓ Identify key characteristics and practices connected to parent leadership to help build your toolkit to advance change in your family and community.

## **Question #1**

*What is a parent leader? Why is it important to consider parent leadership?*

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## **Question #2**

*What may be some benefits and challenges connected to parent leadership?*

<b>Benefits</b>	<b>Challenges</b>

## **Question #3**

*Which one of the skills shared are a strength of yours? Which one of the skills shared is an area you would like to work on?*

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