

A SEVEN PART LEADERSHIP SERIES FOR PARENTS
AND CAREGIVERS OF YOUNG CHILDREN

### The Art of Communication

Session 4







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#### **Session Goals**

- Define communication.
- Discuss why effective communication is key in parent and caregiver leadership.
- Understand strengths and challenges related to public speaking and communication
- Build strategies related to communicating with key stakeholders as parent leader

#### Let's talk.

What is effective communication? Why is it important to consider effective communication as parents?

#### Our working definition.

Effective communication is **the process** of **exchanging ideas, thoughts, opinions, knowledge, and data** so that the message is received and understood with *clarity and purpose*. When we communicate effectively, both the sender and receiver feel acknowledged and satisfied.

#### Partnership = Meaningful Communication

Effective partnerships between teachers, systems and families utilize two-way communication.



#### Reviewing family voice.

- Focus on building trusting, collaborative relationships and two-way communications among teachers, families, and community members;
- Recognize, respect, and address families' needs, as well as bridge class and cultural differences; and
- Embrace a philosophy of partnership where power and responsibility are shared and where families are effective advocates for their children

#### What's the difference?

| One-Way<br>Communication   | Two-Way Communication   |
|--|---|
| Delivering a message from sender to receiver/s to inform, educate or reinforce | Message sender and receiver's interact to discuss, gain understanding, gauge, reinforce or change perceptions, generate ideas and solutions |

#### Let's talk.

What are some benefits and challenges related to effective communication?

## Here are tools to navigate through the challenges.

- 1. Build on the art of listening. Use techniques of clarification and reflection.
- 2. Understand non-verbal communication- body language makes a difference.
- 3. Create awareness of our own and other people's emotions.
- 4. Build skills of questioning to achieve clarity.

Source: Skills You Need

#### Let's talk.

What makes an effective communicator?



#### The 5 C's

**Clarity:** The message should be clear and easily understood by the recipient. The language used should be appropriate and free of jargon or technical terms.

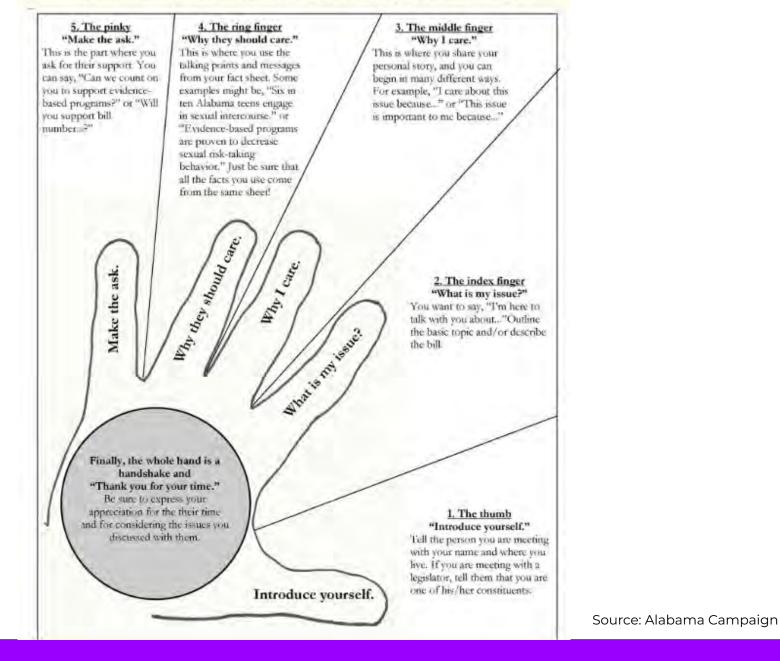
**Concise:** The message should be brief and to the point. It should convey the necessary information without unnecessary detail or repetition.

**Consideration:** The message should take into account the needs and interests of the recipient. It should be tailored to their level of understanding and knowledge.

**Completeness:** The message should provide all the necessary information to the recipient. It should answer their questions and address their concerns.

**Courtesy:** The message should be delivered in a respectful and polite manner. It should consider the recipient's feelings and avoid any language that could be interpreted as disrespectful or offensive.

Source: Surabhi Guleria, LIO Blog



#### Let's reflect.

When do you feel it would be important to use these tools as a parent leader?

#### **Key Takeaways**

- Communication is a process that requires tools to exchange information.
- Two-way communication ensure everyone's voice is included and a part of decision making.
- It is important in communication to focus on clarity, conciseness, consideration, completeness and courtesy.
- Speak your truth in spaces and when nervous, take a step back to regroup, reflect and move ahead. You got this.



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